

Aim

Enabling people to overcome adversity through peer-based social action

Peer-based social action becomes more recognised, trusted and effective in community development work allowing more people to benefit from the support of peers

Clients become and remain more resilient to adversity through stronger support networks, and greater stability, confidence and prosperity, leading to a better quality of life

The work of SGT improves over time leading to better support and outcomes for clients and the SGT team

Peer-based social action has a bigger role in community development and supporting individuals across the UK

More evidence is available of the power of peer support in helping people to overcome adversity

Family members/support networks have stronger, more effective roles in supporting clients to overcome adversity

More clients secure jobs, skills and housing and have more stable and prosperous lives

Clients have higher levels of self-confidence and trust and more access to support services and networks

SGT's services are more tailored to users' needs and the skills and knowledge of its team grows over time

More organisations offer peer-based support delivered through professional, qualified case-workers and advisors

The needs of more people are understood and met by SGT through needs assessment and peer-support

Family members/support networks more aware of the needs of clients and have the tools and confidence to help

Clients feel more able and confident to secure and maintain employment & housing and grow their skills

Clients have an increased understanding of their strengths and weaknesses and set and achieve realistic goals

SGT has more relevant, up-to-date insights on impact and users' needs and invests in its team's capabilities

More peer-advisors/mentors are recruited by SGT, gain qualifications and have placements in SGT and beyond

SGT's profile in local areas grows allowing more people who are not receiving support to access SGT services

More support for family members/support networks in coping with and helping client's to overcome adversity

More clients receive support around employment, housing and skills and are more aware of available options

More clients receive tailored emotional and personal peer-based/keyworker support to overcome periods of adversity

Continuous Improvement:
Improving services through our team's experiences

Developing Peer Support:
Recruiting and preparing a network of peer advisors

Community Outreach:
Client recruitment, needs assessment and safeguarding

Families and Networks:
Direct work with the people closest to individual in need

Fostering Stability:
Advocacy for skills, employability and housing

Supporting Individuals:
A range of personal and emotional support for clients

- Continuous service evaluation
- Research into issues affecting client groups and support required
- Staff and volunteer emotional, practical and development support
- Working groups on core development areas, e.g. diversity and quality assessment

- Recruiting and developing peers to become advisors and case-workers
- Supporting peers to gain level 3 qualification in advice and guidance
- Setting up peer advisor placements
- Developing the Peer Hub Model and promoting peer support as a model of delivery in policy and practice

- Engaging people who are not accessing services through case-work, peers, partners and the local community
- Assessing the needs of clients
- Developing client-owned action plans and reviewing individuals' progress
- Safeguarding and safety planning

- Support for family members, including children, to cope with clients' circumstances (e.g. prison)
- Family mediation to build/re-build relationships with families & support networks
- Encouraging families to provide more help and support to clients

- Help to gain and sustain employment
- Securing/stabilising accommodation
- Money management advice including access to benefits and welfare
- Support to access services and gain new skills, e.g. CSCS and IAG
- Personal development and employment workshops

- Peer-led interventions in statutory and non-statutory environments
- Keyworker support and preventative work with clients with complex needs
- Developing 'survival plans' and helping clients to access specialist services inc. disclosure support

Intermediate Outcomes

Activities

A Theory of Change for St Giles Trust